

NORTHEAST LION

District 14H

Lions Clubs International

February 2023

Edition 2





From the District Governor

Allan Hetkowski

PA Lions District 14-H

Past & Present – Vision for the Future

Dedicated to Service & Friendship

February 20, 2023

It is hard to believe that February is here already, it seems we were just getting ready for the Holiday Season, but with February here, spring cannot be far behind.

Our 1st VDG Dave and 2nd VDG completed their VDG training at the PA Lions 2022-2023 VDG Training Retreat that was held on January 6th to 8th at the Red Lion Hotel in Harrisburg.

Your District 14-H Leadership Team along with other past District officers and current members will be attending the PA State Lions Council Meeting #3 being held at the Red Lion Hotel in Harrisburg on February 3rd to 5th.

Our District will be holding our Cabinet Meeting #3 of 2022-2023 on Sunday, February 12th at Cooper's Seafood House in Scranton beginning at 12:00 PM, registration will begin at 11:30 AM. Please plan to attend, reservations can be made with District Treasurer Shirley Skinner. Meeting information can be found on the announcement page in this newsletter,

Our 2023 District Convention will be held on Saturday, April 29th at Fiorell's in Peckville, PA. As previously announced, we have changed the format of the 2023 Convention. The Convention will begin at 11:00 AM with registration & balloting; the luncheon will be held at 12:00 PM with the business meeting and program held immediately after. Following the conclusion of the Business Meeting, a hospitality hour will be held and is being sponsored by the Scranton Lions Club.

Special guest speaker for the Convention will be past Lions International Director Steve Thorton of Wooster Ohio. Additional information will be made available in the near future.

Upcoming events PA Lions upcoming events include:

February 11th - 2022-2023 GLT Spring Leadership Symposium - PA Lions State Headquarters

May 16th to 18th – 2023 State Convention and Council Meeting - Kovalchick Convention and Athletic Complex, Indiana, PA

Once again, I want to again thank everyone for your assistance, cooperation and hospitality during my term as your DG. It has and continues to be a wonderful experience with the highlight having the opportunity to visit each of our Clubs and learning of all the projects and activities that Clubs conduct for their communities. Again, thank you for opportunity to serve as your District Governor.

Yours in Service and Friendship,

Lion Allan

Allan Hetkowski

District Governor

District 14-H



PA LIONS CLUBS DISTRICT 14-H

CABINET MEETING #3 OF 2022-2023

You are cordially invited to attend the
**PA Lions District 14-H
Cabinet Meeting #3 of 2022-2023**

Sunday, February 12, 2023

Cooper's Seafood

701 North Washington Ave. • Scranton, PA 18509

Registration 11:30 AM • Meeting begins at 12:00 PM

District Governor

1st VDG

2nd VDG

Lion Allan Hetkowski

Lion Dave Rudis

Lion Sandy Thubborn

Cost is \$26 Per Person

(Buffet Style Luncheon)

***Please make reservations by contacting District Treasurer
Lion Shirley Skinner no later than Monday, February 6th
to advise her of how many are in your party.***

Payment may be made at the door.

sasskinner@comcast.net

(570) 587-2073

Thank you!

From The Desk of 1st District Govern Dave

Happy and Healthy New Year to each and every Lion in District 14H! I hope you are enjoying the winter! Valentine's Day is right around the corner, get your valentine and go celebrate!

2VDG Sandy and myself attended the VDG Training in Harrisburg on January 6-8 and we are preparing to attend the PA State Council Meeting in Harrisburg on February 3-4th.

VERY IMPORTANT, we NEED a Second VDG to follow Sandy starting in July! LOOK FOR A LEADER and we can assist in trying get them involved in enhanced service Lions International, our district and community by stepping-up. The 2025 International Convention will be in Mexico City, Mexico!

When you love what you do with a team that you love, you can make every day a great day. That's what's so awesome about being a Lion. Because no matter how hard the work may be, we always have a great time getting it done.

There's really nothing that compares to the fun and fellowship of being a Lion except for inviting more people to be a part of it. So give your community the opportunity to join our team and discover what we've found. And let's keep working together to make the projects we love even bigger, better and more fun for everyone.

—Brian Sheehan, IP

I hope to see you around the district!

All the best in service and friendship,

Dave

Lion David P Rudis

1VDG, GLT



Hi!

I hope everyone had a safe and Happy New Year. This month has been very busy with training for Vice District Governor. With this training so far, I have learned that the Learning Icon in the MyLCI Member Portal, contains many useful on -line training and informational courses.

As a long-time Club Secretary and Lion, I never realized the resources included in this website that are directed for all levels of training from officer training to tools for improving skills such as Listening and Time Management.

The courses in the Content Library are not long and contain useful information for not only Lions, but Leos as well. I encourage everyone to checkout the MyLCI Member Portal. I have found it to be very beneficial as Lion but also helping me to better help as a Lions Club Member.

This past week I also had the pleasure of meeting with the Dunmore Lions Club, who were very gracious to DG Allan, 1st VDG Dave, and myself.

Thank you!

Yours in Service and Friendship,

2nd VDG Sandy Thubborn
District 14H



State and International News

Multiple District 14 Council Chairperson Dave Leon has issued a call for the 2022-2023 Council of Governors to hold its third meeting Saturday, February 4, 2023 at 1:30 p.m. at the Red Lion Hotel Harrisburg- Hershey in Harrisburg, PA. Join the Council of Governors to see how the state conducts business. Also, there will be Lions from around the state, you just might make a new friend. Hope to see you there!



Pa Lions Beacon Lodge Camp

Adult Camp Sessions

For Adults with special needs ages 18 years and older.

- [Camp Empower \(Formerly Transitional Care\)](#) – 6 Day Sessions – *July 1 – 6*
- [Camp Felicity \(Formerly Assisted Living\)](#) – 6 Day Sessions – *June 24-29, July 8-13, and July 29-August 3*
- [Camp Perception \(Formerly Visually Impaired\)](#) – 11 Day Sessions – *July 15-25*
- ****NEW**** [Camp Liberty](#) – 11 Day Sessions – *August 5-15*

Childrens Camp Sessions

For children with special needs ages 6 to 17 years old.

- [Camp Sensational](#) – 6 Day Session – *June 24-29*
- [Camp L.E.A.P.](#) – 6 Day Session – *July 8-13*
- [Camp ConnXions](#) – 8 Day Session – *July 15-23*
- [Camp AD\(H\)Dventure](#) – 5 Day Session – *August 5-10*

Children's Family Camp for families with a special needs child 17 years old or younger.

Adult Family Camp for families with a special needs adult 18 years or older!

- [Camp Unite Family Camp](#) Sessions – *July 1-5*

- **Adult** Family Camp Session – *June 17-21*

Families can relax for 5 days and enjoy the beautiful surroundings of Beacon Lodge, while spending quality family time in a barrier-free atmosphere.

A weekend retreat camping experience provided FREE of charge to Pennsylvania Disabled Veterans and their families.

- *1st Session – June 17-21*
- *2nd Session – July 29 – August 2*

No matter which era a soldier served, ALL PA Disabled Veterans, along with their immediate family, are welcomed.

2023 Annual Beacon Lodge Wish List



Should your Lions Club decide to have a collection of items to go to Beacon Lodge on Pa Lions Appreciation Day, please contact PDG Cathy at c.metschulat@outlook.com or PDG Bill Metschulat at wmetschulatsr@yahoo.com . Thank you!

Please visit BeaconLodge.org/wish list for updated items, our Amazon Wish List, and AmazonSmile information.

OFFICE SUPPLIES:

- ☐ Color Copier Paper
- ☐ White Copier paper
- ☐ 8x14 white paper
- ☐ Bright White Printer Paper
- ☐ Envelopes: #10, 6x9, 9x12
- ☐ Vinyl Kitchen Gloves (ALL sizes)
- ☐ Bubbled Envelopes 6x9, 8x11
- ☐ 3 prong Pocket Folders

KITCHEN:

- ☐ Plastic Cold Cups: 5 oz & 9 oz
- ☐ Hot Wax Coffee Cups: 9 & 10 oz
- ☐ Chinet Paper Plates: 9" or larger
- ☐ Napkins: dinner, picnic
- ☐ Original Dawn Dish Liquid
- ☐ White Bar/Dish Cloths
- ☐ Foil Wrap: 18" x 500 ft
- ☐ Plastic Food Wrap: 18" x 2000 ft

- ☐ Sharpies - all sizes
- ☐ Small Paper Clips
- ☐ Banker Boxes
- ☐ Dry Erase Markers

MAINTENANCE:

- ☐ M, L, XL, XXL Black Nitrile Powder-Free Gloves
- ☐ LED Light Bulbs
- ☐ LED Flood Light Bulbs
- ☐ Duracell/Energizer/Rayovac Batteries: (AAA, AA, C, D, 9V)
- ☐ Packs of Roller Covers: LG & SM
- ☐ Foaming Bee/Wasp Killer
- ☐ Ant Spray
- ☐ Garden Hose Nozzles
- ☐ Microfiber Cloths
- ☐ Long Neck Lighters
- ☐ Paint Brushes: 2", 3", 4"
- ☐ Knee Pads

INFIRMARY:

- ☐ Baby Wipes
- ☐ Sunscreen - Cream and Spray
- ☐ Bug Spray (OFF, etc.)
- ☐ Bactine Spray
- ☐ Lanacane Spray
- ☐ Benadryl Spray
- ☐ Liquid Benadryl for children
- ☐ Calamine Lotion
- ☐ Hydrocortisone Cream
- ☐ Tylenol: adult & children
- ☐ Ibuprofen: adult & children
- ☐ Imodium
- ☐ Pepto-Bismol
- ☐ Saline Eye Drops
- ☐ Cold Relief Medications
- ☐ Cough Drops
- ☐ Blood Pressure Cuff
- ☐ Pulse Oximeter
- ☐ Exam Gloves: all sizes, latex free
- ☐ Sharps Containers
- ☐ Single Use Lancets
- ☐ Graduated Liquid Medicine Dispenser Cups
- ☐ First Aid Kits
- ☐ Large Disposable Bed Pads

- ☐ Parchment Paper: sheets

HOUSEKEEPING:

- ☐ Thick Paper Towels
- ☐ Clorox
- ☐ Disinfecting Spray Cleaner
- ☐ Disinfecting Floor Cleaners
- ☐ Disinfecting Wipes
- ☐ Magic Erasers
- ☐ White Vinegar
- ☐ 55-56 gal Trash Bags
- ☐ Toilet Plungers-heavy duty
- ☐ Toilet Brushes
- ☐ Zipper Vinyl Pillow Covers (standard)
- ☐ Zipper Vinyl Mattress Covers (twin)
- ☐ Long Twin Size Blankets - No Wool
- ☐ Long Extendible Dusters
- ☐ Industrial Wet Mop Heads
- ☐ Vinyl Disposable Gloves: M, Lg, XL

ACTIVITIES:

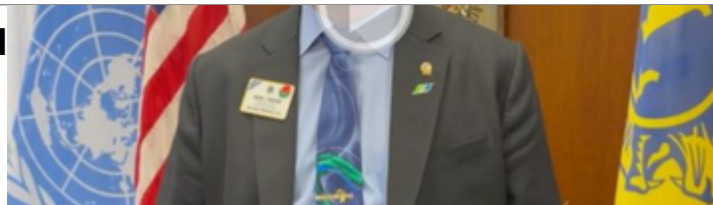
- ☐ Craft Jewelry
 - ☐ Craft Beads, String
 - ☐ Colored Paper
 - ☐ Elmer's Glue Sticks
 - ☐ Bingo Cards and Blotters
 - ☐ Bingo Prizes
 - ☐ Stress Balls
 - ☐ Weighted Stuffed Animals
 - ☐ Small Totes with lids
 - ☐ Massage Balls
 - ☐ Twine
 - ☐ Tie Dye
 - ☐ White T-Shirts: Med, Lg, XL, 2XL
 - ☐ White Socks: All Sizes Kids & Adult
 - ☐ Chewable Sensory Necklaces
 - ☐ Adult Sleeping Bags
 - ☐ Smart Scissors & Skills Workbook
 - ☐ Craft Kits for Children and Adults
 - ☐ Crayons/Markers/Pencils
 - ☐ Sensory Color Illusions
 - ☐ Slinkies
 - ☐ Suncatchers
 - ☐ Small Paint Kits and Brushes
 - ☐ Play Doh
- Gift Cards:**
- ☐ Lowes

- ☐ Shower Chairs
- ☐ True Value

- ☐ Ace hardware
- ☐ Harbor Freight
- ☐ Walmart
- ☐ McDonald
- ☐ Hoss's



International President



at the UN Headquarters

Join President Sheehan and your fellow Lions at Lions Day with the United Nations, where we'll be back in the United Nations headquarters in New York for the first time since 2019. Don't miss your chance to be part of this time-honored event and hear important discussions about hunger, nutrition and wellness.

You can register by going to https://www.lionsclubs.org/en/start-our-approach/lions-advocacy/lions-day-united-nations/new-york?utm_source=Eloqua&utm_medium=email&utm_campaign=Lions+Day+with+the+United+Nations



Hey!

One of the amazing things about working at Leader Dog is witnessing the dedication that team members have to the organization and the mission. As in *decades* of dedication. About 30% of the team has been here 15 years or more!

One of the people who exemplified this commitment is Keith McGregor, who started working at Leader Dog back in 1981 as a dog care attendant. He then began his apprenticeship to become a guide dog mobility instructor. It was during that time that Keith recognized an unmet need for a program that served people who were both blind and deaf.

With Leader Dog's support, Keith enrolled in a local college program to learn American Sign Language (in case you didn't know, ASL can be signed by touching a person's hand, or "tactile signing"), and through his passion the groundbreaking DeafBlind Guide Dog program at Leader Dog was born.



(Above is Keith with one of our clients and dogs while providing instruction in Florida.)

After 41 years of being a rock for our instructor teams and the whole organization, Keith has finally "hung up his harness" and decided to retire.

We asked a few of the people who've worked closely with Keith throughout the years to describe the incredible impact he's had, and you can see their thoughts in our post: www.leaderdog.org/blog/thank-you-keith-mcgregor.

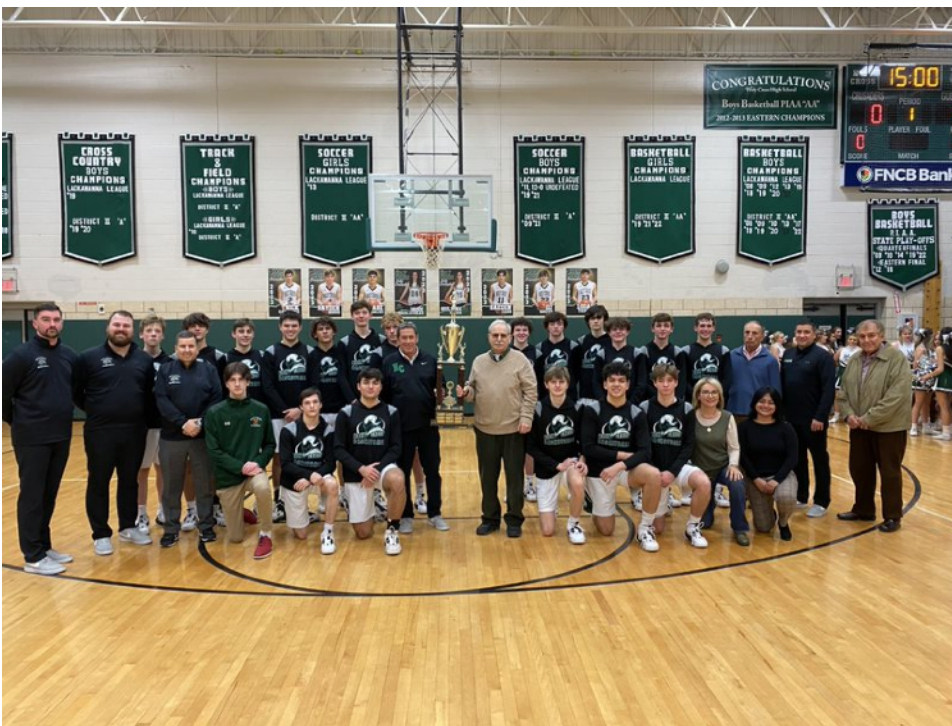
We are all indebted to Keith for his long and devoted service to Leader Dog and our clients!

Club news

The Intra Borough Boys Basketball Championship Game between Dunmore and Holy Cross High Schools was held on Tuesday, January 17 th at Holy Cross High School. The Dunmore Lions Club sponsors the game to help defray their College Scholarship Program which is now in its 42nd year of existence. This year the Holy Cross Boys defeated the Dunmore Boys by a score of 58 to 27. Holy Cross are ranked 3rd by the Scranton Times Sport Writers and have beaten five straight Division III opponents. Pictured below are both teams and members of the Dunmore Lions Club. DUNMORE HIGH SCHOOL: Front Row (left to right): Lion Stephanie Juarez-Ventura, Brayden Canavan, Nate Aviles, Nico Ruggiero, Cal Talutto, Evan Capooci, and Jimmy Clark. Back row (left to right): Cullen Smith, Max Forgione, Lion Renee Iezzi, Bobby Hoban, Lion Angelo Martarano, Assistant Coach Paul Biagioli, Lion President Sam Sebastianelli, Assistant Coach Sal Marchese, Domenic Desando, Thomas Bowen, Jack McNeff, Assistant Coach Pat Clark, Lion Gino Tempesta, and Event Chairman. Absent from photo Head Coach Kevin Clark HOLY CROSS HIGH SCHOOL: Front row (left to right): Kaeden Carr, Nick Calciano, Logan Tierney, D.J. Smith, Gabe Gonzales, Hayden Hosie, Lion Renee Iezzi, and Lion Stephanie Juarez-Ventura. Back row (left to right): Assistant Coach Corey Joyce, Assistant Coach Kyler Kovalski, Charlie O'Malley, Assistant Coach Rich LaRussa, Austin Bicking, Michael Hughes, Mario Matrone, Joshua Lentowski, Matt Lyons, Joseph Ialli, Head Coach Al Callejas, Lion President Sam Sebastianelli, Brayden Moran, Cullen Moran, Gavin Monahan, Steve Yorkovic, Conor Farrell, Lucas Urban, Lion Gino Tempesta, Event Chairman, Assistant Coach Al Callejas and Lion Angelo Martarano.

The Intra Borough Girls Basketball Championship Game between Dunmore and Holy Cross High Schools was held on Monday, January 16 th at Dunmore High school. The Dunmore Lions Club sponsors the game to help defray their College Scholarship Program which is now in its 42nd year of existence. This year the Dunmore Girls defeated the Holy Cross Girls by a score of 47-33 to remain undefeated in Division III and remain the 2 nd rated basketball club by the Scranton Times Sport Writers. Pictured below are both teams and members of the Dunmore Lions Club. DUNMORE HIGH SCHOOL: Front Row (left to right): Ciera Toomey, Cadie Lewis, Lion President Sam Sebastianelli, Head Coach Carrie Toomey, Ana Pacewicz, and Maddie Valvano. Back row (left to right): Assistant Coach Mike O'Malley, Lucy Monahan, Allie Dempsey, Leena Conte, Tristan Canavan, Jaclyn Brown, Cailey Waters, Amanda Dempsey, Sophia Talutto, Lion Renee Iezzi, and Lion Gino Tempesta, Event chairman. HOLY CROSS HIGH SCHOOL: Front row (left to right): Mia Scalese, Emma Luciani, Madison Porter, Head Coach Barry Fitzgerald, Lion President Sam Sebastianelli, Alison Ross, Trista Chicheletti, Abby Thompson, and Julie Walsh. Back row (left to right): Assistant Coach Bob McCormack, Emma Scalese, Addison Flannery, Ava Schmidt, Megan Hassaj, Sadie Shedlauskas, Giuliana, Mazza, Jenna Luciani, Chloe Mendicino, Shelby Hartland, Lion Renee Iezzi and Lion Gino Tempest, Event Chairman.





District 14H, by the numbers...

Abington	31
Benton Township	16
Blakely/Peckville	13
Dalton	05
Dunmore	23
Eynon/Archbald	84
Falls	45
Forest City	20
Hawley/Lake Wallenpaupak	11
Honesdale	71
Jefferson Township	36
Jermyn	13
Jessup	14
Lake Ariel	14
Mayfield	15
North Pocono Minisink	22
Minooka	38
Montrose	36
Old Forge	19
Olyphant	27
Ransom	11
Scott Township	32
Scranton	19
South Abington	07
Stonebridge/Susquehanna	24
Taylor	21
Tunkhannock	21
Waymart	<u>18</u>
Total Members as of January, 2023	705

*Deepest Sympathies for the loss of our
fellow Lions...*

Benton Lions Club ~ Roger Wallace

Dalton Lions Club ~ Pete VanFleet

Mayfield Lions Club ~ Thomas Arthur

Where there is a need.... there is a Lion!

All Lions Clubs of District 14H, please share your service projects and projects to be posted here in the newsletter. Pictures are always welcome! You can submit your entries to IPDG Cathy Metschulat @ c.metschulat@outlook.com

Thank you!

Newsletter Editor