#### Your Governor's comments

Hi Fellow Lions if District 14H

We are more than 100 days through our new Lions year, what have you done to have a better Lions year for your Club? Invited a friend, coworker, relative, acquaintance to join, help your Club with an event, come up with a new idea for your Club to recruit new members, a new way to help Your Community? Keep up the Great work Lions.

November  $\square$  is a month of Thanksgiving, let's give thanks for all our super accomplishments, giving to our Communities, helping those in need, being Lions, We Serve. Thank you.

Thanks for the wonderful meetings, to all the Clubs I visited In October, Blakely Peckville, Old Forge, Montrose, Scott Twp., Olyphant, all District 14H Lions are awesome and do great things making their Communities better. It's the best part of being your District Governor, getting to mingle with you and see how you shine.

Thank to everyone who came Out for the District Health Fair, it was a beautiful day, had a ton of health information, if you didn't make it, you missed out on a lot of fun, treats, free giveaways, health screenings, blood sugar, fingerprinting, genetic testing, flu shots and more. Lion Karen Spatero of Valley Care Pharmacy and her Committee did an outstanding job.

I attended the fall symposium at the State Office Harrisburg, it was very informative as always, anyone can attend, think about attending the spring one 2/22/2020. They talked about reporting MMRs and my Lion reporting online, please report MMRs each month on MyLci and activities on my Lion, our District is in the red for reporting, if you need any help with either, contact our District Administrator PCC Mark Kusma for help, he can put info online for you, or help on how to report. Let's get to 100% reporting! <a href="mailto:mkusma@abingtonlions.org">mkusma@abingtonlions.org</a> 570-575-4925

November 14 is World Diabetes Day

Thank you to all Veterans for your service, November 11th is Veterans Day, always Thank our veterans.

November 14 is World Diabetes Day, think of something your club can do for diabetes awareness, diabetic recipe, info for prevention, health facts......

11/17 is our next cabinet meeting at Happy Valley in Dickson City, registration at noon, starts at 1pm. Contact District Secretary Joy Lewis to make your reservation asap, <a href="mailto:dutchsdoll2@gmail.com">dutchsdoll2@gmail.com</a>.

Come and support your District and see what all our Clubs do in their Community. \$18pp

Please remember that all Lions Clubs that have gross receipts less than \$50,000 do not have file forms 990 or 990-EZ must file the e-postcard (also known as 990-N postcard).

Also, if you Club has any activities with children, all participating members must have their clearances, information is in my directory.

Appreciate all you do 🌞

We Serve,



#### **Your** Vice Governor's comments

Happy November everyone!!!!!

Now that October is over, it's safe to say that we are entering the holiday season (even though most department stores were ready two months ago). With that being said, this is the most imperative time of the year to help with those in need. Whether it's doing a co-op with the Marines in their Toy's for Tot's program, setting up a donation stand at your local grocery store to do a food drive to stock food pantries, even make friends with the Rotarians and/or Kiwanis to have a winter clothing drive. Not only are these items most important to those around this time of the year, but keep in mind that these tasks can be done all year.



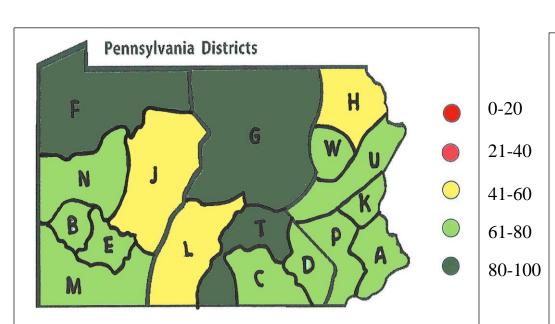
November 14th is set to be a busy day for a few of us. That night will be the last meeting of our districts Sight and Hearing committees until March. We will be meeting at the Lake Winola Senior Center at 7:00 pm hosted by the Tunkhannock Lions. All clubs are encouraged to send a representative to get updated on the process, and requirements needed if a community member is in need of these services. It is also a great time to network with other clubs and announce the activities that your club is doing.

Governor Fran and I are flowing through with our club visits and still need to schedule with a few clubs. Please let Fran know as soon as possible when you would like us to attend a meeting. We are always excited to hear what our clubs are up to and here to help as much as we can where needed. Governor's visits are not meant to be intimidating or to think it's a disciplinary call, just a way to see how we are all succeeding.

We have about another week to have reservations in for the next district cabinet meeting which will be held on Sunday the 17th at Happy Valley Sports Bar in Dickson City. Registration will be at 12:00pm and the meeting/lunch to start at 1:00pm. Contact District Secretary Joy Lewis to make your reservation. All members are invited and encouraged to attend, not just the cabinet.

On a final note, if anyone has any interest in stepping up as a committee chairperson next fiscal year (July 1, 2020 to June 30, 2021), please let me know. Or if you would like to create a committee, let me know what you are interested in starting and we'll see what we can do.

Take Care Dave



The graph shown shows the percentage of clubs that are current in their reporting to state and international. You will note that 14-H is at 40-60 percent of our clubs are currently up to date, which means that one half of our 29 clubs are not.

#### **Your** Sight | Hearing Committee

#### District 14H Sight First & Hearing Committee Minutes of September 12, 2019 meeting

**Members present**: DG Fran Stepkovitch, VDG/PDG Dave Barrett, PDG Karen Cokely, PDG Butch and Josie Sands, PDG Bill Metschulat, Ernie Seagraves, PDG Rich and PDG Gayle Padfield, Barbara Taylor, Karen Raproch, Kathy Pezak, Mike, Spataro, Andrea Spataro, Karen Spataro and Jerry Kilpatrick.

President PDG Butch Sands called the meeting to order with members reciting the Pledge of Allegiance. The Eynon/Archbald Lions Club, DG Fran Stepkovitch welcomed everyone

Minutes from the last meeting were provided via email and newsletter. PDG Karen Cokely made a motion to accept the minutes and seconded by DG Fran Stepkovitch and passed unanimously.

(No record made of ending balance for the month; therefore this is September's balance: \$5,882.63) Mary Kiegler of Honesdale paid her \$50 deposit for hearing application but needs to go to Scranton. A motion to accept was made by Lion Karen Rupoch, seconded by Lion Barbara Taylor and passed unanimously.

PDG Karen Cokely reported that the Hearing account balance started with \$2,049.27 with one check written in the amount of \$500 to the Abington Audiology and a deposit of \$500 from Tunkhannock Lions Club leaving an ending balance of \$2,049.27 for the month.

A motion to accept was made by PDG Gayle Padfield, seconded by PDG Rich Padfield and passed unanimously.

Hearing Applications to be taken to Montrose Lions Club during Governor's visitation. DG Fran Stepkovitch passed out Sight Applications at the Eynon/Archbald Fall Festival and sent them to Lion Irene Masco. What to do if she does not get them??

Dr. Karen Spataro of the Eynon/Archbald Lions Club spoke about the use of CBD Oil/Extract. CBD is Cannabidiol which is found in cannabis plants. It is the only oil produced in the USA that is legal as of 2014 but became public with the passing of the Farm Bill in 2017 only if THC<0.03%. You will need to tell your doctor about it before using it if you are on blood thinners. Sniffer dogs can smell it. It's a stimulant but can make you drowsy. It can be absorbed as a liquid, roll on, or gels.

#### **OLD BUSINESS**

Nothing to report

#### **NEW BUSINESS:**

Nothing to report.

EYEGLASSES HEARING AIDS CELL PHONES

Jessup 189 1 Eynon/Archbald 378 3

Mixed Clubs 330

Blind Association at least 1,000

#### DG/VDG/PDG REPORT

DG Fran reminded everyone that on October 11<sup>th</sup> from 1-4 is a district Health Fair at the Valley Care Pharmacy in Scranton. Finally, her district governor's project fundraiser will be held on March 29, 2020.

1<sup>st</sup> VDG/PDG Dave reported that it's going to start snowing.

PDG Karen said that she will be attending the state council and cabinet meetings that are coming up. She reported that \$1541 was raised for Juvenile Diabetes during their fundraiser.

PDG Gayle & PDG Richard is also attending the state council and cabinet meetings. PDG Rich has been Cub Scout Liaison for 7 years no and his grandson is in a new club that daughter Lion Pam is the Scout Master.

#### GOOD OF THE DISTRICT

<u>Jefferson Twp</u>. will be hosting their first coffee stop on Thanksgiving Wednesday on Rt. 84 in Greentown. Free Movie Coco tomorrow night to the community. Upcoming 58<sup>th</sup> Anniversary Dinner for the club members. Dec. 7<sup>th</sup> Breakfast with Santa 11-1pm. Girl Scout Award Holiday Party for special needs children. Boy Scouts work weekend on baseball field as Eagle Project.

<u>Falls</u> will host a Basket Raffle and Christmas Raffle on Nov. 10<sup>th</sup> and a Health Fair on Nov. 14<sup>th</sup> at the Senior Center in Lake Winola.

**Eynon/Archbald** are having the following events and fundraisers: Trivia Night – Nov. 16<sup>th</sup> @ VFW 20, delivering 200 Thanksgiving meals, Dec. 23<sup>rd</sup> caroling at the Archbald Nursing Home and tree lighting the Saturday before Thanksgiving, going to Sands Casino on Dec. 15<sup>th</sup> \$25 with \$10 meeting at Burlington at 11:00 am and returning at 7pm, Snow Flake Gala \$75 pp.

<u>Tunkhannock</u> will be hosting with annual Chicken & Biscuits dinner on Dec. 14<sup>th</sup> \$10pp and an unwrapped gift for a child of any age.

Lottery Tickets are still available from Lion Barb Taylor.

Lion Irene Masco's operation went well. Came home and fell, went back to Moses Taylor Hospital. Put in quarantine section due to infection.

November 14<sup>th,</sup> the site/hearing meeting will be hosted by Tunkhannock Lions Club at the Lake Winola Senior Center.

A motion to adjourn was made by PDG Karen Cokely and seconded by PDG Richard Padfield. Minutes recorded by PDG Bill Metschulat and submitted by PDG Cathy Metschulat





If you are interested in learning how to complete vision screenings using the districts Welch-Allyn Spot Vision Screener, our district governor has requested that all members that do so become certified. It is an easy task, please visit Lions Kidsight USA at lionskidsightusa.org and click on the box marked Certification There is a manual available and it is an open book test.

The username is pa14 and the password is KidsightUSA.

Once you have completed your test and received your certification from PDG Daniel Uitti, please forward a copy to me to be filed. Good Luck!

In Friendship & In Service, PDG Cathy Metschulat, Sight First & Hearing Secretary

## <u>District 14-h Bealth Fair</u>



Barb Taylor and friend First 2 ready for flu shots



Health Fair Helpers – Joanne Phillips, Erin Owen Andrea Spataro, Karen Rapoch, Karen Spataro DG Fran Stepkovitch, Louie Rapouch.



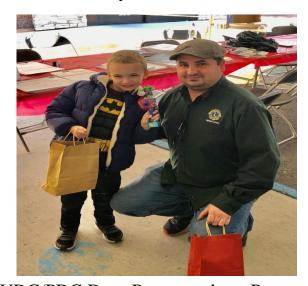
Fingerprinting by Scranton Police Dept.



Dr. Ken and PDG Pam Savitski



Marywood University Dieticians Students



VDG/PDG Dave Barrett and son Preston



Some Pop-Corn?



Maybe a Hot Dog?



Yea! Ice Cream



Screening



Sweet smiling Sally Spudis signs second sheet



Lots of action in the Event Tent



Lion must have gotten a bad piece of candy?



Karen Spataro for Geisinger



Check out your blood pressure



How about an orange from JFS

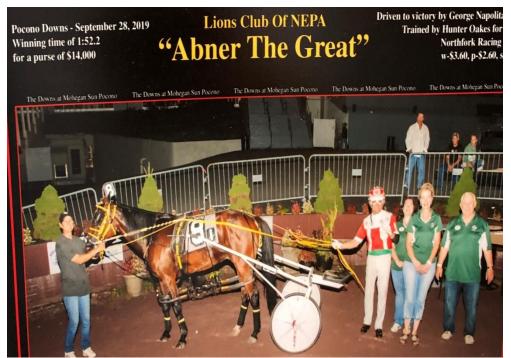


Everybody gets put to work

#### District 14-H function.. All were invited

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

#### Lions Clubs Night at the Races at Pocono Downs







DG Jess Karrer (14-U) – DG Fran Stepkovitch (14-H) – DG Willard Kresge (14-W)

(Second from the left is the horsey)

A man was walking down the road leading a horse and saw his buddy. His buddy said to him what are you going to do with that horse? The first man replied "I'm going to race him" his buddy looked at the horse and said "well by the looks of it you will win"!



















\*

## Jermyn Lions Club



#### 2nd Cabinet Meeting of 2019-2020 DISTRICT 14-H

District Governor 1st VDG

Fran Stepkovitch PDG Dave Barrett

Sunday, November 17, 2019 at 1:00 p.m.

@ Happy Valley Sports Bar
519 Storrs Street, Dickson City, PA



Cost is \$18 per person; reservations are due no later than

#### November 8, 2019

# Please make check payable to District 14-H And mail to:

Joy Lewis, PO Box 4071, Scranton, PA 18505

If you have something you would like placed on the agenda, please notify District Secretary Lion Joy Lewis via e-mail at <a href="https://dutchsdoll2@gmail.com">dutchsdoll2@gmail.com</a> or District Governor Fran Stepkovitch also by that date.

Registration will begin at 12 noon

Meeting will begin at 1:00

\*\*\*\*\*

**BUFFET MENU** 

# Membership District 14H Abington

44
13
20
9
18
104
30
22
17
70
34
13
14
19
17
28
50
43
20
29
32
11
32
22
10
23
29
19
23
815

# We all want new members We all want people to know what we do Here are the newspapers in 14-H, 17 emails cost the same as 1

Scranton Times	letters@timesshamrock.com	
Wayne Independent	mlee@tricountyindependent.com	
Times Leader	shando@timesleader.com	
Times Leader Weekender	indynews@indepenentweekender.com	
Valley Advantage	advantage@timesshamrock.com	
Moscow Villager	kedwards@eayneindependent.com	
Triboro Banner	triborobanner@timesshamrock.com	
Carbondale News	kedwards@wayneindependent.com	
Forest City News	fcnews@nep.net	
Susquehanna County Independent		
i	ndynews@indepenentweekender.com	
Susquehanna Transcript	susqtran@epix.net (Britany Walker)	
Dunmorean	dpi22news@gmail.com	
Citizens Voice	lifestyles@citizensvoice.com	
	towncrier@citizensvoice.com	
Wyoming County Examiner	news@wcexaminer.com	
News Eagle	kcollins@neagle.com	
Abington Suburban	Suburbanweekly@timesshamrock.com	
Abington Journal	dmartin@timesleader.com	

# Send articles to the LION magazine at Lionmagazine@Lionsclucs.org

#### OR

Send articles to the Pa PRIDE - Betty Lou Ivell Nectarine1@zoominternet.net

What to heck, e-mails are free, what do you have to loose

#### Moosic Lions Club



October 19th, the Minooka Lions Club held their annual Children's Halloween Party. This year's party had interactive stations which included decorating foam pumpkins (no messes), candy bags, cookies, and spooky face-masks.

#### **Dunmore Lions Club**

This is our 26th year presenting our Magic Show to students in Dunmore and St Mary's Elementary Centers. The Magic Show features "Damian the Magician", Pennsylvania Foremost Magician and Illusionist, who will mark his 26th consecutive year as the featured performer. This year the program will be held on Friday, November 22, 2019 at the Dunmore Elementary Center. All proceeds this year will be utilized for our Scholarship Fund to help defray college expenses for Holy Cross and Dunmore High School Students.





Standing is Lion Richard Green, V.P., DLC, Kathy Sosnowski, Principal St Mary's, Lion Lisa Kinney, Event Chairperson, Lion Jim Aita, Pres, DLC. Kneeling Damian the Magician

#### Minisink / North Pocono Lions Club

<u>November and December</u>, NP Minisink Lions Club will still be selling our 2020 Dailey Number Calendars at Bill's ShopRite Store, Daleville. The dates of the sales are Nov. 9, 10, 24, 30 and Dec. 7, 8, 21, 22.

<u>Thursday.</u>, <u>November. 21</u>, we will be helping out at the Daleville Food Pantry, located in Bill's Plaza. The Lions will be helping Food Pantry volunteers hand out turkeys, vegetables and canned goods for Thanksgiving.

<u>December</u>, the Lions Club will be getting a visit from DG Fran Stepkovitch to take place on Dec. 5th at the VFW in Daleville 6:30PM.

<u>Also in December</u> the Minisink Lions Club will be having their annual Christmas Dinner for members and guests. Date and place TBD.

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#### Scott Twp. Lions Club



District Governor Fran swears in new member, Paul Stezer, as sponsor looks on.



\*

### The Lions Pride magazine is paperless

Go to palions.org

#### **Falls Lions Club**



On Oct 6th 2019, Falls Lions Club members helped many other volunteers at the Jewish Center in Scranton, bagging tooth brushes, tooth paste, and coupons for free Dental work for a total of 15,000 boxes that will be distributed to many schools and organizations



Oct 6th, 2019 volunteers at the Scranton Jewish Center

## FALLS LIONS CLUB BASKET AUCTION

NOVEMBER 10<sup>TH,</sup> 2019 ARDEE'S, FALLS, PA • 1:00 TO 3:00

COFFEE AND DESSERT WILL BE SERVED COMPLIMENTS OF THE FALLS LIONS CLUB

THE \$20 A TICKET PURCHASED IN ADVANCE GIVES YOU 25 BASKET TICKETS. ADDITIONAL CARDS OF 25 BASKET TICKETS CAN BE PURCHASED AT THE EVENT FOR \$10 A CARD.

AIR FRYER
BIKE
COMPUTER TABLET AND CASE
PORTABLE CAR DVD PLAYER
PENN STATE CROCK POT
GIFT CERTIFICATES
KEURIG COFFEE MAKER

FIRE PIT
COACH HANDBAG
LOTTERY TICKET TREE
HOLIDAY BASKETS
THANKSGIVING DINNER BASKET
KITCHEN VACUUM SEALER AND BAGS
AND MUCH MORE......

BONUS RAFFLE - WIN A TV 50/50 DRAWING



DOORS OPEN AT NOON AND DRAWING START AT 1:00.
DOOR PRIZES WILL BE AWARDED.

BASKET AUCTION

NOVEMBER 10<sup>TH,</sup> 2019 ARDEE'S, FALLS, PA - 1:00 TO 3:00

THIS \$20 TICKET GIVES YOU 25 BASKET TICKETS.

BONUS RAFFLE - WIN A TV • 50/50 DRAWING
DOORS OPEN AT NOON AND DRAWING START AT 1:00.
DOOR PRIZES WILL BE AWARDED.

only 100 tickets to be sold Some great gifts to be had!

To get your entry tickets contact any Falls Lions Club member or email fallslions2@gmail.com & incl phone number





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#### **Tunkhannock Lions Club**



Immediate Past District Governor Bill Metschulat (on right) is presenting the Melvin Jones Award, the highest award in Lions, to Tunkhannock Lions Club President Steve Patton for his dedication in establishing the Lions Quest Program, social/emotion learning, in the Tunkhannock Area School District.



Crystal Posten (far left), Director, and Raleigh Bloch (far right), Kitchen Board President of Seven Loaves Soup Kitchen, receive a donation from District 14H PDG Karen Cokely-Falls Lions Club, PDG Harold (Butch) Sands-Tunkhannock Lions Club. Past District Governors Councilors made a generous donation to the Seven Loaves Soup Kitchen in Tunkhannock, Wyoming County.

#### **Forest City Lions Club**

#### FOREST CITY LIONS CLUB



Pancake, Sausage, Egg Breakfast

November 3<sup>rd</sup>, 2019 8:00 am to noon

ELEGANTE RESTAURANT

Main Street • Forest City, PA

\$6.00 per ticket

SUPPORT YOUR LOCAL LIONS CLUB





#### Eynon / Archbald Lions Club

**Annual Harvest Festival in September.** 







For November:

Trivia Night at Eynon VFW
Delivering Thanksgiving dinners to needy families in Eynon/Archbald



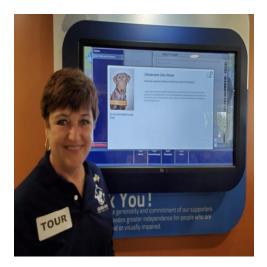




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Lions Karen and Louis Rapoch were fortunate to visit Leader Dog headquarters and see the ultrasound machine we donated.







For December:

Christmas Carol sing-along at nursing home Eynon Tree Lighting

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*



Still looking for More Can Tabs Trying to get 100 pounds We have about 70



#### Abington Lions Club



<u>November 31 and December 1</u> Abington Lions Club will be staffing the Thompkinsville Rest stop on Rt. 81 North to give away hot dogs, coffee, and pastries at the PENNDOT Safety Break Coffee Stop.



<u>December 11-12-13</u> The Abington Lions will be having their Santa Project. This is the  $70^{th}$  Year. The project started in 1959. This is the longest continuous project in 14- H history.











\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

Q. What's St. Nicholas's favorite measurement in the metric system?

The Santameter!



#### Dear Lions,

I'm pleased to share that U.S.-based non-profit evaluator Charity Navigator has awarded Lions Clubs International Foundation (LCIF) — *our* foundation — its eighth consecutive 4-star rating based on **financial health and commitment to accountability and transparency**. Only four percent of U.S. charities have earned this distinction. I'm proud of our achievement and grateful we can continue assuring donors that 100 percent of their financial gifts fund LCIF programs that enable *you* to serve our world in need.

In sharing our stories, we connect, learn, and multiply our capacity for change. As we move through year two of *Campaign 100: LCIF Empowering Service*, let's proudly tell stories of the people we're able to serve thanks to our foundation. Every story we tell, every dollar we give to LCIF, spurs lifealtering change as we increase our service impact, fight diabetes, and expand our global causes to include childhood cancer, hunger, and the environment.

Congratulations to LCIF and to you, fellow Lions. Together, we're changing the world.

In friendship,
Gudrun Yngvadottir
Chairperson
Lions Clubs International Foundation

# Have the very happiest of THANKSGIVINGS Be kind to others